

## Snacks & Sushi

### Snacks

Boiled Egg	.60c
Sumo Cookie	.50c
Cupcakes	.50c
Cupcakes <b>(Gluten Free)</b>	\$1.00
Popcorn	\$1.00
2 Saos crackers (Vegemite or Cheese)	\$1.00
2 Rice Cakes (Vegemite or Cheese)	\$1.00
Fresh Fruit (Seasonal)	\$1.00
Corn on the cob	\$1.30
Red Rock Chips Original Sea Salt <b>(Gluten Free)</b>	\$1.40
Honey Soy	\$1.40



### Sushi - Thursday only

**MUST be ordered by 12pm the day before**

Teriyaki Chicken Avocado	\$3.60
Crispy Chicken Avocado & Mayonnaise	\$3.60
Tempura Prawn Avocado	\$3.60
Cooked Tuna & Cucumber <b>(GF)</b>	\$3.60
Cooked Tuna & Avocado <b>(GF)</b>	\$3.60
Vege (Avocado, Carrot & Cucumber) <b>(GF)</b>	\$3.60
Fresh Salmon Avocado <b>(GF)</b>	\$3.60

### \*\* GLUTEN FREE \*\*

5 Nuggets (Chicken)	\$3.50
GF Mac Cheese	\$5.30
<b>Toasted Sandwich—check list &amp; add 50c per sandwich</b>	
Sushi (Order Wed) - <b>Gluten Free</b> (soy sauce contains gluten)	
2 Rice Cakes (Vegemite or Cheese)	\$1.00
Lemonade Ice Block	\$1.00
Frozen Yoghurt Twisted	\$2.00
Corn Cobs	\$1.30
Child Salads (Ham or Chicken)	\$3.80
Cupcakes	\$1.00

### BIRTHDAY TREATS FOR WHOLE CLASS

**(48 hours notice required)**

Ice Mony ice blocks	\$17
Zooper Doopers ice blocks	\$10
Birthday Cupcakes	\$15

### How To Order - Paper Bag

1. Write order on a paper lunch bag
2. Please use a separate bag for 1st and 2nd break
3. Correct money is always appreciated
4. Have child drop their order at tuckshop or class box
5. If you do not have a bag please include 5c on your order
6. Please clearly mark; Name, Preferred Break, Class name and items to be ordered

# Buderim Mountain State School

## Tuckshop Menu

**ORDER ONLINE 24/7  
WITH FLEXISCHOOLS**  
[www.flexischools.com.au](http://www.flexischools.com.au)  
 Daily ordering cut off time is 9:30am

**Open 8:00am - 1:45pm**  
**5477 2743**



**WE NEED YOUR HELP!!**  
**All Volunteers are most Welcome**

## Hot Food & Salads Available both breaks.

### Hot Food

Hot Puppy (1/2 Hot Dog)	\$1.50
Small Pie	\$2.60
Sausage Roll	\$2.60
Chicken Goujon wrap (lettuce & mayo)	\$3.00
Hot Dog (+ cheese 30c)	\$3.00
Pizza (Ham & Pineapple)	\$2.70
Beef Sliders (mini beef burger)	\$2.60
Chicken Goujons (5 Pieces)	\$3.00
Gourmet Meat or Chicken Pie	\$3.70
Gourmet Vegetarian Pie (lentil & sweet potato)	\$3.70
Gourmet Sausage Roll	\$3.70
Spaghetti Bolognese	\$4.50
Lasagne	\$4.50
Macaroni Cheese	\$4.50
Chicken Burger + salad 50c extra	\$4.50



### Salads

Adult Salad	\$5.00
Child Salad (Lettuce, Tomato, Cucumber, Beetroot, Carrot, Egg, Cheese & Chicken or Ham - with or without mayonnaise)	<b>GLUTEN FREE</b> \$3.80
Child Salad without meat & egg	<b>GLUTEN FREE</b> \$2.80

## Breakfast, Sandwiches, Wraps & Rolls

### Breakfast

All Toast (Raisin/Plain/Honey/Vegemite) .50C

### Sandwiches, Wraps & Rolls

Bread Roll (extra)	.50c
Buttered Bread Roll	.80c
<b>*** ADD 50c FOR TOASTED ***</b>	
Vegemite/Strawberry Jam/ Honey	\$1.50
Baked Beans or Spaghetti	\$2.00
Cheese	\$2.00
Cheese & Tomato	\$2.30



Chicken Wrap (lettuce & mayonnaise)	\$3.00
Ham or Tuna with or with-out mayonnaise	\$3.00

Ham & Cheese	\$3.20
Ham/Cheese/Tomato	\$3.40
Egg & Lettuce	\$3.20
Chicken & Cheese	\$3.50
Chicken	\$3.70
Salad Sandwich	\$4.00
Egg & Salad	\$4.20
Ham & Salad	\$4.50
Chicken & Salad	\$4.70

**IF YOU WOULD  
LIKE IT  
TOASTED  
PLEASE ADD  
50c TO EVERY  
SANDWICH OR  
WRAP PRICE.**

## Drinks, Frozen Treats & Extra's

### Drinks

Plain Milk (300ml)	\$1.30
Plain Milk plus Sipahh Straw	\$2.00
Water (600ml)	\$1.50
Cup of Milo (Cold or Warm <b>PICKUP ONLY</b> )	\$1.70
Juice 100% (200-250ml)	\$1.50
Pop Top (200ml)	\$2.00
Krazy Lemon Lemonade (200ml)	\$2.00
Flavoured Milk 300ml)	\$2.50
Flavoured Water Assorted (300ml)	\$2.00



### Frozen Treats

1/2 Juicy Fruit Sticks	.30c
Juicy Fruit Sticks (99% Fruit Juice)	.60c
Mony Asst. Flavours	\$1.00
Lifesaver	\$1.00
Icy Pole Lemonade (GF)	\$1.00
Twisted Frozen Yoghurt (GF)	\$2.00

### Extras

Plastic Spoon or Fork	.05c
Tomato/BBQ Sauce	.30c
Lunch Bag	.05c